

**COMMON NAME:**

COW PARSNIP

**SCIENTIFIC NAME:**

HERACLEUM LANATUM

**ALSO CALLED:** HERACLEUM SPONDYLIIUM, HERACLEUM MAXIMUM, AMERICAN COW PARSNIP, HOGWEED, GIANT HOGWEED, AND HERACLEUM MAXIMUM

**FLOWER COLOR:** WHITE

**FLOWER ARRANGEMENT:** FLAT TOP UMBEL OF TINY WHITE FLOWERS

**FLOWERING TIME:** JULY TO SEPTEMBER

**LEAVES:** ENORMOUS THREE-PART LEAVES 10" TO 16" BROAD

**NORMAL SIZE:** 2' TO 6'

**NORMAL ELEVATION:** 7500' TO 9500'

**HABITATION:** SWAMPY WET MEADOWS

**ABUNDANCE:** RARE

**NOTABLE DETAILS:** HERBACEOUS TALL PLANT WITH LARGE THREE-PART LEAVES WITH LARGE WHITE UMBELS OF TINY FLOWERS

**SPECIAL INTEREST:** STALKS REPORTED TO HAVE BEEN GATHERED AND ROASTED AND CONSUMED BY NATIVE AMERICANS